

ANALYSISI THE SECRET LIFE OF MARILYN MONROE USING PSYCHOLOGICAL APPROACH

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Abstrack

The secret life of Marilyn Monroe is a lifetime Hollywood movie shown in America, even on TV international in this film, in my purpose analysis of the section psychological approach of the icon sex that has been so hidden from the entertainment world that it's a huge secret that runs from the grandmother down to her mother, down to her, a woman named the original Norma jeane mortenson that is so complicated with family secrets that even the love of Gladys pearl baker, Charles Stanley Gifford. In this study I used qualitative and quantifying methods because in Marilyn Monroe's childhood life she didn't fully feel my love for her family because her mother had mental health problems, so she had to be left at child care, even asa child she was always with grace who was a barren woman her mother's friend who kept her up to the big icon. And in this analysis I use the theory of sigmund Freud as the model model for personality structures. In this theory, Freud explained that the personality of each person consists of three parts: ego, superego, and id. Psychoanalysis is a process of using three parts of one's personality to analyze how people behave. Literary critics sometimes analyze the actions of literary character using the three personality structures identified by Freud. When critics examine ego, superego, and identify character in a work, they focus on ways that the character parts as a whole influence the work. This process is called psychoanalysis.

Key word : *the importance ,of mental ,health for,daily life*

I. INTRODUCTION

The Secret Life of Marilyn Monroe is a 2015 American drama miniseries on Marilyn Monroe. It stars Kelli Garner, Susan Sarandon, Emily Watson, Jeffrey Dean Morgan, and Eva Amurri Martino and was first aired on Lifetime on May 30 and 31, 2015. woman named the original Norma jeane mortenson Born of a couple's parents Gladys pearl baker, Charles Stanley Gifford. In the analysis using Sigmund Freud was the author of the structural model of personality. In this theory, Freud explained that each person's personality is made up of three parts: Ego, Superego and Id. Psychoanalysis is the process of using the three parts of a person's personality to analyze the way that person behaves. Literary critics sometimes analyze the actions of literary characters using the three personality structures identified by Freud. As critics explore the ego, superego, and id of a character in a work, they focus on the ways that these parts of the character's personality affect the work as a whole. This process is called psychoanalytic criticism. The id is the part of personality which contains primitive impulses such as thirst, anger, hunger and desire for instant gratification or release. According to Freud, people are born with an id. The id is an important part of a person's personality because as a newborn, it enables people to fulfill people's basic needs. Freud believes that the id is In the next activity, the author will use Freud's theory to analyze the secret life of Marilyn Monroe "To help readers understand psychoanalytics let alone the personality system, readers. In human life in this world has a goal to set high and be successful in aspects life. Success in mastering the developmental tasks set by the social group will bring people happiness, social recognition and success with new tasks, which depend on great foundations and efforts. Adults have a lot of experience that comes from the spirit of their life. In this background I analyzed the psychology of the famous artist in the modeling world, Maryline Monroe, who was born with the name Norma Jeane Mortenson at Los Angeles County Hospital in Los Angeles, California, on June 1, 1926. Her mother, Gladys Pearl Baker, came from a Middle Western family, because she was born into a poor family. who migrated to California, this makes the parents of Maryline Monroe have to be entrusted to her mother's friend, this makes the mental physicology of the model damaged from her childhood to impact until her marriage. Because a person's psychology becomes the main complex in contributing to creating human personality when he can't handle. Personality is the characteristic pattern of thought, feeling, behavior, which makes a person unique. Personality emerges from within the individual and remains fairly consistent in life. Human life is full of experiences and interactions with other people, the environment, God and himself. These experiences will affect human life mentally and physically. Sometimes, people need to reflect on their experiences and one of the reflections of life is literature. Literature is a kind of knowledge about human life.

II. METHODE

The method using purpose of the psycho analyze the secret life of Marilyn Monroe recounts her early life to a new doctor, including her marriage at 16 years old, her struggle with a mentally unstable mother, and her career as a young starlet. marilyn monroe A chronicle of Marilyn Monroe's family life and how she succeeded in hiding her most intimate secrets from the press and an invasive world. For genetic predisposition, gynecological problems and circadian rhythm sleep disorders, Marilyn consulted with at least 11 doctors in New York and Hollywood. Though they could offer her prescriptions and some solace to relieve her from pain, Marilyn's medical caretakers failed to prevent her premature death at the age of 36. It's unfortunate that Marilyn was served with a horrible genetic disposition, being born to an invalid mother Gladys who suffered from mental disorders, and both maternal grandparents inflicted with brain disorders. Based on current knowledge of endogenous prostanoids and oxytocin, we propose that the fundamental cause of Marilyn's morbidity could have been imbalances in prostaglandins and oxytocin in the brain and reproductive system that made her sick with insomnia and gynecological symptoms such as dysmenorrhea and endometriosis. Type of Study In this study, the authors used qualitative research. This is a library research while the data source uses library data. It aims to analyze The film uses a psychoanalytic perspective. Steps to do this research are: (1) determine the

type of research,(2) determine the object research, (3) determine data and data sources, (4) determine data collection techniques, and (5) data determination techniques analysis.

1. Study Object The object of this research is The Secret Life of Marilyn Monroe Biopic Marilyn Monroe based on J. Randy Taraborrelli's novel entitled 'The Secret Life of Marilyn Monroe'. The film was adapted by Stephen Kronish who is best known for producing the mini-series The Kennedys for the Reelz Channel and series 24 which airs on Fox. and published in the United States in 2015. It was analyzed using a psychoanalytic approach.
2. Types of Data and Data Sources there are two sources of data needed to conduct this research.
 - a. Primary Data Source The main data source of this research is based on J. Randy Taraborrelli's novel entitled 'The Secret Life of Marilyn Monroe'. The film was adapted by Stephen Kronish, who is best known as the producer of the mini-series The Kennedys of the United States and adapted from the novel of the same title written by the same people too.
 - b. Secondary Data Source Secondary data sources are books and other supporting sources analysis.
3. Data Collection Techniques The data collection technique is literature study, the steps are:
 - a. Watched the movie several times
 - b. Reading English Text
 - c. Determine the character to be analyzed
 - d. Record important parts in both primary and secondary data
 - e. Classify and determine relevant data
 - f. Taking notes from the material and several other sources related to film
4. Data Analysis Techniques
The technique used in analyzing the data is descriptive analysis. He concerns with structural elements of film and psychoanalysis approach.

III. DISCUSSION

Marilyn Monroe's life has fascinated people for decades with hundreds of biographies and books written about her. You would assume all are the same, but I disagree. Some are terrible and pure fiction, others are cruel and inaccurate and dramatised. But some are interesting and respectful and celebrate the career and life of the worlds greatest actress. The Secret Life of Marilyn Monroe was published in 2009 by the acclaimed celebrity biographer J. Randy Taraborrelli. I bought the book last year from a local charity shop. It was second hand but in excellent condition. I was hesitant about buying it at first as I was unsure of its accuracy and reliability. The Secret Life of Marilyn Monroe by J. Randy Taraborrelli You see, at the time a film on Marilyn Monroe, based on this book and with the same name, had just been released. Although I hadn't seen the film, I had read that it was a dramatisation of Marilyn's life rather than a biopic, and that it wasn't well received. Also the title, The Secret Life Of Marilyn Monroe suggests a mystery or dramatisation rather than a biography. anything I see if it's Marilyn Monroe, especially books. When I finally read The Secret Life of Marilyn Monroe, I was so releived that I bought it! I thoroughly enjoyed it and I think I read it within 5 days, despite it being 476 pages long Even with its length, the book is so interesting and captivating that you couldn't possibly get bored. In fact I didn't even notice the length while I was reading it. It appears effortless and easy to read without being condescending or patronising. The pictures are of an OK quality but some are quite rare and so rewarding to see. It disappointing that there are any colour pictures but there are over 45 beautiful images from Marilyn's childhood to her modelling days, and her acting career and even some of her personal postcards and letters too. What I love most about this book is it's arrangement and chronology. Taraborrelli's style of writing is superb and different from other

authors. He told Marilyn's story in an honourable and respectful way, celebrating her life from the beginning till the end, and then her legacy. At the beginning of the book, Taraborrelli focuses on Marilyn's upbringing with particular focus on her mother and grandmother. Throughout the book he refers to Marilyn's childhood and dips into moments in her future that are relevant and important. Taraborrelli expresses a likeness and respect for Marilyn without being biased, which I admire and would expect from a biography. Taraborrelli has written biographies on many actors and singers including Michael Jackson, Grace Kelly and Elizabeth Taylor. My love for *The Secret Life of Marilyn Monroe* and Taraborrelli's style of writing led me to buy and read more of his work including *Sinatra Behind The Legend* and *Elizabeth*. For me this book is flawless, and beautifully written with respect for Marilyn. Taraborrelli tells the story of a girl, woman, actress and legend, known as Marilyn Monroe. This book teaches you a lot about the girl branded a sex symbol and the most beautiful beautiful woman in the world. It helps to understand that Marilyn was lonely, mistreated and misunderstood. using the theory of Freud

1) **Id**

The id is the part of personality which contains primitive impulses such as thirst, anger, hunger and desire for instant gratification or release. According to Freud, people are born with an id. The id is an important part of a person's personality because as a newborn, it enables people to fulfill people's basic needs. Freud believed that the id was based on the pleasure principle of people. The id wants whatever feels good at the time, without considering the other circumstances of the situation. The id is sometimes represented by a demon sitting on a person's shoulder. As this demon sits there, he is telling the ego to base behavior on how it will affect the self, specifically how it will bring about self-pleasure.

2) **Superego**

The superego is the part of the personality that represents the conscience, the moral part of people. The superego develops due to the moral and ethical restraints placed on people by caregivers. It dictates people belief of right and wrong. The superego is sometimes represented by an angel sitting on someone's shoulder, telling the ego to base behavior on how the action will influence society.

3) **Ego**

The ego is the part of the personality that maintains a balance between people impulses (people id) and people conscience (people superego). The ego is based on the reality principle. The ego understands that other people have needs and desires and that sometimes being impulsive or selfish can hurt people in the end. It is the ego's job to meet the needs of the id, while taking into consideration the reality of the situation. The ego works, in other words, to balance the id and superego. The ego is represented by a person, with a devil (the id) on one shoulder and an angel (the superego) on the other. (www.firstload.com/theory_of_personality.pdf) On the other hand, as a general theory of individual human behavior and experiences, psychoanalytic ideas enrich and are enriched by the study of biology and social sciences, group behavior, history, philosophy, art, and literature. As a developmental theory, psychoanalysis contributes to child development psychology, education, law, and family studies. Through his examination of complex relationship between body and mind, psychoanalysis gives more understanding of the role of emotions in health and medical illness. Moreover, psychoanalytic knowledge is the basis of all other dynamics approach to therapy. Whatever the modification, insight from psychoanalysis forms the basis of most psychotherapy used in general psychiatric practice, in child psychiatry, and in most individual, family, and group therapy. In addition to providing an overview of psychoanalytic theory, doing research, researchers also gave a biographical film *The Secret Life of Marilyn Monroe* became famous in the 1950s, the world was told that her mother had died or was not part of

her life. However, that is not true. In fact, her mentally ill mother is very present in Marilyn's world and the complex family dynamics that unfold behind the scenes is a story that has never been told before until now. In drawing complex and sympathetic portraits of the women who were so influential in the life of the actress, including her mother, adoptive mother, and legal guardian. He also reveals, for the first time, the shocking scope of Marilyn's own mental illness, the identities of Marilyn's father and half-brother she never knew, and new information about her relationships with the Kennedy family - Bobby, Jack, and Pat Kennedy Lawford.alive ("The hidden life," 2013).

The psychological disorders that Marilyn Monroe experienced are created through the Behaviorist Theory and the Biological Theory of psychology. The Biological Theory states that genetics are responsible for a person's behaviors and the Behaviorist Theory states that observed behaviors and actions are responsible for the individual's psychological actions. These two theories are relevant to the behavior of Marilyn Monroe because of the mental illness that ran in her family, and her own illness mirrored that of her mother; as well as this Monroe's true personality being suppressed by the film industry and her substance abuse created a breeding ground for stress and discontent leading to depression (Cherry, n.d.). The personality traits that Monroe portrayed were based upon the facets of neuroticism, her lack of self esteem from events in her life, like sexual abuse, the absence of her father, depression, and lack of ability to express herself are also what may have led to her untimely death. These traits are present in all people, but if Monroe was able to be taken care of in a healthy way rather than numbing herself with harmful substances she may have been able to overcome her pain and prevent her death (Kowalski & Westen, 2011) Based on the reasons above, the writer will analyze This film uses a psychoanalytic approach by Sigmund Freud. Become a writer build on the title Dilemmas and depressions of life as a marilyn monroe in the film The secret life of Marilyn Monroe (2015) with a Psychoanalytic approach.

IV. KESIMPULAN DAN SARAN

According to the litterological review, the authors conclude that the 1950 and 1960 entertainment world the name known as icon sex Marilyn Monroe is so popular with her beauty that "the secret life of marylin Monroe" is a film that shows the icon's life, from his childhood, even the highlights The psychology passed down through generations from his grandmother, mother and mother. It had a profound effect on the married life that had on a number of occasions gone through setbacks and the psyche of she's death.

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